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## 小龍的蛻變

## The Transformation of Xiaolong

小龍自小患上腦癱,導致下肢肌肉和關節攣縮,造成雙腳內彎,連最基本的站立和走路也遇到重重障礙。四歲入住西寧市兒童福利院。 Xiaolong has cerebral palsy, a congenital condition which causes both legs to bend inwards, making standing up and walking difficult. At the age of 4, he was admitted to the Xining Children's Home.

小龍雖然不能正常走動,但他在本會同工的幫助下堅持每天自己慢慢地穿衣、洗漱、吃飯,運用僅有的自理能力生活。對於這麼懂事的孩子,本會一直給予他全面的支援,包括醫療、營養或教育的幫助。 As a young child, everyone in the Home could see his frustration over his condition. Our staff could feel his discouragement and, like for every child who is in their care, were moved to provide him with the most appropriate and comprehensive care they could find. For Xiaolong, this involved helping him learn how to independently do his daily routine of dressing, taking a shower and eating.





在他入住兒童福利院的翌年,本會便為他安排進行筋腱鬆解術,同時讓他接受康復治療及訓練,現在他可用助行器走路,甚至能拉著扶手在院內上落。與此同時,他的心態變得樂觀,「可能當時父母沒有能力照顧我,才離我而去,感謝兒童福利院給我一個這麼溫暖的家。」

In his second year at the Children's Home, he went through a surgical procedure to improve his level of mobility, followed by extensive rehabilitation and training. Our efforts – and his efforts – paid off as he is now able to walk with the aid of a walker and the rails situated around the Home. "I am thankful for all the efforts the staff at the children's home have made for me," he recently told us.

今年17歲的小龍,夢想是成為一位演說家,希望能藉此讓大眾了解社會上被忽略的社群。本會將繼續照顧如小龍般的孤殘兒童,讓他們蛻變成更快樂和堅強的人。

Now at 17 years old, Xiaolong dreams to be an orator someday. He hopes to raise awareness among the general public about people with disabilities so that more help can be given to them. We are fully committed to providing the best care and services to orphans and children with disabilities in order to help them become happier and stronger individuals.

我想成為一個演說家,鼓勵與我有相同經歷的人積極面對挑戰,以及讓社會大眾關 注被忽略的群體。

I want to be an orator so I can encourage other people with similar experiences to take on life's challenges and raise public awareness about people in need.



青海兒童之友計劃 Friends of Qinghai Children Programme



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為青海省兒童和 青少年提供可持續的 全人及綜合服務

青海是中國最貧窮的省份之一,長期飽受嚴寒及惡劣環境,亦缺 乏基本生活所需,孤殘兒童更是每天活在生命的邊緣。

基督教勵行會自1997年在該省提供服務,包括兒童福利、扶 貧、醫療服務等。現時我們與當地政府共同管理5間兒童福利 院,並於2017年成為首間於青海正式註冊的境外非政府組織。

至今開展服務逾20載,當中許多孩子已成長至青少年階段,因 此我們也進一步擴展至青少年服務,希望在他們整個成長過程 提供全面的協助。

## **Sustainable, Holistic** and Integrative Care for Children & Youth in Qinghai

Qinghai is one of the poorest provinces in China and is marked by long and harsh winters, poverty, and a lack of access to basic necessities. Orphans and children with disabilities face various problems every day.

Since 1997, Christian Action (CA) has been providing services in Qinghai, covering areas such as child welfare, medical services, etc. CA is co-managing five children's homes with the Qinghai government, and in 2017 was successfully registered as the 1st foreign NGO in Oinghai.

After more than 20 years, our comprehensive services have expanded to support the growth of our children and teenagers.



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